



# MUTHU PARPAM

Ref:- Siddha Vaithiya Thirattu



## Ingredients:

- *Pinctada margaritifera*
- *Ficus racemosus*
- *Trianthema decandra*
- *Terminalia arjuna*
- *Calotropis procera*

## Action:

MUTHU PARPAM acts as on gastro intestinal tract and rectifies the gastro intestinal disorders. It also manages the complications due to digestive disorder. It acts as a antipyretic agent when basil leaf extracts as adjuvant.

## Indications:

Muthu Parpam can be prescribed for the following conditions

- Fever disorders
- Chronic Diarrhea
- Excessive body heat
- Pain due to nervous

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
120 ~ 200 mg	-	-	Milk	100 ml	Y	Y	Y	-	30

**Direction** : - Take the prescribed quantity of Muthu Parpam, mix with 100 ml of Warm milk and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Muthu Parpam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.