



PEENISAI THAILAM

(External Use Only)

Ref:- Siddha Vaithiya Thirattu



Ingredients:

- Sesame Oil
- *Eclita alba*
- *Alpinia officinarum*
- *Ricinus communius* (Root)
- *Strychnos potatorum*
- *Embelia ribes*
- *Costus speciosus*
- *Vitex negundo*
- Rock salt
- *Piper longum*
- *Chonemorpha antidysenterica*
- *Zingiber officinalis*
- *Anetham graveolens*
- *Glycyrrhiza glabra*

Action:

Peenisai Thailam acts on air passages of the nose to remove the infection, inflammation, allergy, irritation and nasal congestion.

Indications:

Peenisai Thailam can be useful for the following conditions Burning sensation and itching with reddening of nasal mucosa

- Eyes reddens and usually waters
- Irritation of ears with obstruction occurs
- Severe headache with dyspnoea and rhinitis
- Sinusitis

Dosages and direction for use: External Use only

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
10 ml	-	-	-	-	Y	-	-	-	30

Direction : - (For external use only) Apply on the head, after 45 mts oil applied take hot water bath once in 3 days.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Peenisai Thailam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.