



# SILASATHU PARPAM

Ref:- Siddha Vaithiya Thirattu

## Ingredients:

- Calcium sulphate (dehydrate)
- *Coldenia procumbens*

## Action:

Silasathu Parpam acts on liver and regulates the function and maintains the bile secretion. It prevents the gall bladder stone and inflammation in urinary tract. It regulates the urine retention.

## Indications:

Silasathu Parpam can be useful for the following conditions

- UTI
- Gall bladder stone
- Bile related diseases

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No. of days
500 mg	-	-	Butter or Tender coconut water	10 ml / 100 ml	Y	Y	Y	-	30

**Direction** : - Take 500 mg of Silasathu Parpam, mix with 10 ml Butter or 100 ml Tender coconut water and consume.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Silasathu Parpam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.