



VENPOOSANI LEHIYAM

Ref:- Siddha Vaithiya Thirattu



Ingredients:

- *Sacharum officinarum*
- *Cuminumcyminum*
- *Coriandrum sativum*
- *Saussurea lappa*
- *Eletteria cardamomum*
- *Myristica fragrans*
- *Piper nigrum*
- *Quercus infectoria*
- *Glycyrrhiza glabra*
- *Abis spectabilis*
- *Apis mellifera*
- *Bos indicus*
- *Cucurbita maxima*

Action:

Venpoosani Lehiyam acts on Urinogental tract and prevents the infection and inflammation. It improves the spermatogenesis and fertility. It also acts as nutritional supplement for the nourishment.

Indications:

Venpoosani Lehiyam can be useful for the following conditions

- Jaundice
- Oedema
- Leucorrhoea
- Aphrodisiac
- Excessive body heat

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
5 g	-	-	Milk	100 ml	Y	Y	-	Y	30

Direction : - Consume 5 g of Venpoosani Lehiyam, then drink 100 ml warm milk and consume 30 minutes after food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Venpoosani Lehiyam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.